



# 14<sup>th</sup> annual **START STEPPIN'** with Kaiser Permanente

Friday, September 7, 2018

11:30 a.m. - 1 p.m.

Tamarind Park

Pre-Registered Corporate Teams – Walk starts at noon

General Public – Walk starts at 12:30 p.m.

At Kaiser Permanente, we want to help you live well. Join us for our lunchtime walk and mini-health fair in downtown Honolulu. Walk two laps around Tamarind Park and receive healthy rewards at checkpoints along the way.\* Visit our mini-health fair where our experts will recommend programs and activities that work toward a healthier you.

- KSSK radio on location with their slot machine
- Enter to win fruits and vegetables for one year from Aloun Farms valued at \$400
- Fun activities
- Test your sunglasses for UV protection
- Spin the prize wheel
- POG samples from Meadow Gold

Mahalo to our partners:



**Douglas  
Emmett**



\*While supplies last.